

## Weight Gain in Pregnancy

### Informed Consent

It is important for our morbidly obese pregnant patients to know the increased risks for both mom and baby. The risks of obesity in pregnancy include, but are not limited to:

- 1) Miscarriage
- 2) Difficulty monitoring fetal heart tones and visualizing anatomy
- 3) Gestational Diabetes
- 4) High Blood Pressure in Pregnancy
- 5) Fetal Growth Problems
- 6) Birth Defects like Neural Tube Defects
- 7) Stillbirth
- 8) Prematurity
- 9) Macrosomia (large baby for gestational age)
- 10) Delivery complications/Increased risk for Cesarean delivery
- 11) Increased risk for blood clot
- 12) Increased risk for anesthesia complications
- 13) Increased risk for surgical complications (infection, blood loss)
- 14) Increased risk for respiratory problems from anesthesia
- 15) Increased risk for death

Please sign and date this form, indicating that you have read this information and understand these increased risks. Please know that we want to work together to prevent excessive weight gain and promote a healthy pregnancy and safe delivery.

Thank you!

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Patient Signature

Date

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Physician Signature

Date

