

Overview of Prenatal Visits

CONFIRMATION OF PREGNANCY:

This visit is used to confirm pregnancy if a woman is not already sure she is pregnant. Pregnancy status will be assessed by either a urine pregnancy test or blood work. Brief prenatal counseling & necessary prescriptions will be provided at this visit.

1st PRENATAL (NEW OB) VISIT:

- Complete history and physical examination
- Laboratory:
 - Urinalysis
 - Complete blood count
 - Blood type, Rh factor, serology
 - Rubella titer & antibody screen
 - Hepatitis B & HIV screening
 - Pap smear, GC/Chlamydia cultures
- Discuss prenatal care & review information booklets

FOLLOW-UP VISITS:

- Weight, blood pressure, urinalysis, fetal heart tones
- Follow-up OB visits are scheduled:
 - Every four weeks until 32 weeks gestation
 - Every two weeks between 32 and 36 weeks
 - Every week after 36 weeks until delivery (pelvic exams will be done at these visits)

Other Important Dates During Pregnancy

10-12 weeks	* Chorionic villus sampling available
11-13 weeks	* PAPP-A/NTL screening available
12 weeks	* Fetal heartbeat heard with Doppler ultrasound monitor
16 weeks	* Alpha fetoprotein or triple screening offered, amniocentesis available if indicated
19-20 weeks	* Fetal survey ultrasound done (may be able to determine gender of baby if desired)
26-30 weeks	* Glucola (screening test for gestational diabetes) and hematocrit checked
36 weeks	* Group Beta Strep (GBS) culture obtained from cervix

For more detailed information see the sections “*Screening Tests during Pregnancy*” and “*Special Procedures During Pregnancy.*”